

SOUTH HILLS COUNTRY CLUB

2024

**SUMMER**

**YOUTH PROGRAMS**

**SWIM  
DIVE  
GOLF  
TENNIS**



# SWIM & DIVE



Our coaching staff is here to provide quality instruction while providing a fun and safe environment. This is a fun competitive summer swim program for children of all skill levels. We just ask that your child can swim six feet horizontally without the aid of a person or wall before joining the team.

## PRE SEASON

**Evening Practice Starts Tuesday, April 30**

### Swim

(Tue-Fri) 3:30pm-5 pm Advanced Swimmers  
4pm-5pm Beginner & Intermediate  
Saturdays: 10am-11am

### Dive

(Tue-Fri): 5 pm - 6:30 pm  
Saturdays: 11am -12:30pm

## SEASON

**Morning SWIM Practice Starts June 11th**

**(Tues - Friday & Saturday, except on meet days)**

9 am - 10:30 am (Ages 9 and up)  
10:30 am- 11:30 am (Ages 8 and under)  
Saturdays: 10am-11am

**Morning Dive Practice Starts June 4th**

**(Tues - Friday & Saturday, except on meet days)**

11:30 am - 1:15 pm  
Saturdays: 11am -12:30pm

### Swim Meets

Sun. June 2: Mock Meet, Parent Meeting  
Picture Day, and BBQ  
Wednesday, June 12 SHCC @RHCC  
Saturday, June 15 GCC @ SHCC  
Wednesday, June 26 VC @ SHCC  
Saturday, July 6 FHCC @ SHCC  
Wednesday, July 10 SHCC @ GCC  
SHCC host Sunkist Finals July 18, 19 & 20



## PRICING

Swim Only	\$280
Dive Only	\$250
Swim and Dive	\$310

Includes swim cap and team t-shirt  
(guaranteed for participants enrolled by May 31, 2024)

# JUNIOR GOLF



## JUNE CLINIC

June 18, 19 & 20  
(Tue-Thu)

## JULY CLINIC

July 23, 24 & 25  
(Tue-Thu)

\$200 per person  
Ages 5- 13  
3pm-5pm



# TENNIS



Learn the fundamentals of tennis! Cultivating excellence through focused skill development, conditioning, and sportsmanship, empowering individuals to achieve personal goals with patience, vision, determination, and quality play!

## Wednesdays and Fridays

Dates: July 24 - August 9

9 am - 10 am (8 and under)  
10:15 am - 11:15 am (9 and older)

Pricing  
**\$195**

\*\* please note year around clinics are also available



# SO MUCH MORE FUN!

Alongside youth activities, we offer more fun events for kids and their families! Enjoy this summer by the pool and meet new families from the Club!

- Friday, May 31, Movie Night
- Friday, June 21, Movie Night
- Friday, June 28, Movie Night
- Monday, July 8- Beach Day
- Sunday, July 14th - Poster Party:
- Wednesday, July 19; Bowling Night
- Saturday, July 20th - Splash Party
- Friday, July 26, Movie Night
- Saturday, August 24 - Youth Banquet
- September 14-15 - Campout



# 2024 MAY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

		<p>APRIL 31 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>1 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>2 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>3 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>4 SWIM PRACTICE 10AM-2PM</p>
5	6	<p>7 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>8 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>9 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>10 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>11 SWIM PRACTICE 10AM-2PM</p>
12	13	<p>14 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>15 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>16 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>17 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>18 SWIM PRACTICE 10AM-2PM</p>
<p>19</p>  <p>FAMILY PICKLEBALL</p>	20	<p>21 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>22 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>23 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>24 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>25 SWIM PRACTICE 10AM-2PM</p>
26	27	<p>28 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>29 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>30 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p>31 SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p> <p>MOVIE NIGHT</p>	<p>SWIM PRACTICE 10AM-2PM</p>

# 2024 JUNE CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

						<p><b>1</b></p> <p>SWIM PRACTICE 10AM-2PM</p>
<p><b>2</b></p> <p>MOCK MEET PICTURE DAY BBQ @ 10 AM</p> 	<p><b>3</b></p>	<p><b>4</b></p> <p>SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p><b>5</b></p> <p>SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p><b>6</b></p> <p>SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p><b>7</b></p> <p>SWIM PRACTICE 3:30-5PM ADV 4PM-5PM BEG</p> <p>DIVE PRACTICE 5:15PM-6:30PM</p>	<p><b>8</b></p> <p>SWIM PRACTICE 10AM-2PM</p>
<p><b>9</b></p>	<p><b>10</b></p>	<p><b>11</b></p> <p>SWIM PRACTICE 9-10:30 AM ( AGES 9 AND UP )</p> <p>10:30 AM- 11:30 AM ( AGES 8 AND UNDER )</p> <p>DIVE PRACTICE 11:30 AM - 1:15 PM SUMMER CAMP</p>	<p><b>12</b></p> <p>SHCC @ RHCC</p>	<p><b>13</b></p> <p>SWIM PRACTICE 9-10:30 AM ( AGES 9 AND UP )</p> <p>10:30 AM- 11:30 AM ( AGES 8 AND UNDER )</p> <p>DIVE PRACTICE 11:30 AM - 1:15 PM SUMMER CAMP</p>	<p><b>14</b></p> <p>SWIM PRACTICE 9-10:30 AM ( AGES 9 AND UP )</p> <p>10:30 AM- 11:30 AM ( AGES 8 AND UNDER )</p> <p>DIVE PRACTICE 11:30 AM - 1:15 PM</p>	<p><b>15</b></p> <p>GCC@SHCC</p>
<p><b>16</b></p>	<p><b>17</b></p>	<p><b>18</b></p> <p>SWIM PRACTICE 9-10:30 AM ( AGES 9 AND UP )</p> <p>10:30 AM- 11:30 AM ( AGES 8 AND UNDER )</p> <p>DIVE PRACTICE 11:30 AM - 1:15 PM SUMMER CAMP GOLF CLINIC</p>	<p><b>19</b></p> <p>SWIM PRACTICE 9-10:30 AM ( AGES 9 AND UP )</p> <p>10:30 AM- 11:30 AM ( AGES 8 AND UNDER )</p> <p>DIVE PRACTICE 11:30 AM - 1:15 PM GOLF CLINIC</p>  <p>BOWLING NIGHT</p>	<p><b>20</b></p> <p>SWIM PRACTICE 9-10:30 AM ( AGES 9 AND UP )</p> <p>10:30 AM- 11:30 AM ( AGES 8 AND UNDER )</p> <p>DIVE PRACTICE 11:30 AM - 1:15 PM SUMMER CAMP GOLF CLINIC</p>	<p><b>21</b></p> <p>SWIM PRACTICE 9-10:30 AM ( AGES 9 AND UP )</p> <p>10:30 AM- 11:30 AM ( AGES 8 AND UNDER )</p> <p>DIVE PRACTICE 11:30 AM - 1:15 PM MOVIE NIGHT</p>	<p><b>22</b></p>
<p><b>23</b></p>	<p><b>24</b></p>	<p><b>25</b></p> <p>SWIM PRACTICE 9-10:30 AM ( AGES 9 AND UP )</p> <p>10:30 AM- 11:30 AM ( AGES 8 AND UNDER )</p> <p>DIVE PRACTICE 11:30 AM - 1:15 PM SUMMER CAMP</p>	<p><b>26</b></p> <p>VC@SHCC</p>	<p><b>27</b></p> <p>SWIM PRACTICE 9-10:30 AM ( AGES 9 AND UP )</p> <p>10:30 AM- 11:30 AM ( AGES 8 AND UNDER )</p> <p>DIVE PRACTICE 11:30 AM - 1:15 PM SUMMER CAMP</p>	<p><b>28</b></p> <p>MOVIE NIGHT</p>	<p><b>29</b></p> <p>SWIM PRACTICE 10AM-2PM</p>
<p><b>30</b></p>						

# 2024 JULY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

2

SWIM PRACTICE  
9-10:30 AM  
( AGES 9 AND UP )  
  
10:30 AM- 11:30 AM  
( AGES 8 AND UNDER )  
  
DIVE PRACTICE  
11:30 AM - 1:15 PM

3

SWIM PRACTICE  
9-10:30 AM  
( AGES 9 AND UP )  
  
10:30 AM- 11:30 AM  
( AGES 8 AND UNDER )  
  
DIVE PRACTICE  
11:30 AM - 1:15 PM

4

SWIM PRACTICE  
9-10:30 AM  
( AGES 9 AND UP )  
  
10:30 AM- 11:30 AM  
( AGES 8 AND UNDER )  
  
DIVE PRACTICE  
11:30 AM - 1:15 PM

5

SWIM PRACTICE  
9-10:30 AM  
( AGES 9 AND UP )  
  
10:30 AM- 11:30 AM  
( AGES 8 AND UNDER )  
  
DIVE PRACTICE  
11:30 AM - 1:15 PM

6

FHCC@SHCC

7

8

BEACH DAY



9

SWIM PRACTICE  
9-10:30 AM  
( AGES 9 AND UP )  
  
10:30 AM- 11:30 AM  
( AGES 8 AND UNDER )  
  
DIVE PRACTICE  
11:30 AM - 1:15 PM

10

SHCC @ GCC

11

SWIM PRACTICE  
9-10:30 AM  
( AGES 9 AND UP )  
  
10:30 AM- 11:30 AM  
( AGES 8 AND UNDER )  
  
DIVE PRACTICE  
11:30 AM - 1:15 PM

12

SWIM PRACTICE  
9-10:30 AM  
( AGES 9 AND UP )  
  
10:30 AM- 11:30 AM  
( AGES 8 AND UNDER )  
  
DIVE PRACTICE  
11:30 AM - 1:15 PM

13

SWIM PRACTICE  
10AM-2PM

14

15

POSTER PARTY

16

17

18

DIVE FINALS  
@SHCC

19

SWIM PRELIMS  
@SHCC

20

SUNKIST  
FINALS @SHCC

SPLASH PARTY

21

22

23

GOLF CLINIC

24



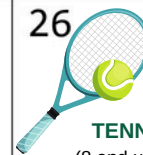
TENNIS  
(8 and under)  
9 am – 10 am  
  
( 9 and older )  
10:15 am – 11:15 am

GOLF CLINIC

25

GOLF CLINIC

26



TENNIS  
(8 and under)  
9 am – 10 am  
  
( 9 and older )  
10:15 am – 11:15 am

MOVIE NIGHT

27

28

29

30

31



TENNIS  
(8 and under)  
9 am – 10 am  
  
( 9 and older )  
10:15 am – 11:15 am

# 2024 AUGUST CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY THURSDAY

FRIDAY

SATURDAY

				1	2  <b>TENNIS</b> (8 and under) 9 am – 10 am  (9 and older) 10:15 am – 11:15 am	3  <b>LUAU</b>
4	5	6	7  <b>TENNIS</b> (8 and under) 9 am – 10 am  (9 and older) 10:15 am – 11:15 am	8	9  <b>TENNIS</b> (8 and under) 9 am – 10 am  (9 and older) 10:15 am – 11:15 am	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25  <b>YOUTH AWARDS BANQUET</b>	26	27	28	29	30	31



SATURDAY, SEPTEMBER 14 - 15 FAMILY CAMPOUT



# ADDITIONAL INFORMATION

## Youth Committee Contacts

Michelle Cossota  
mlcossota@gmail.com

Melissa Visosky  
mjvisosky@gmail.com

Monica Kloenne  
pinkmoni@mac.com

Miriam McDonnell  
mirimcdonnell@gmail.com

David Amador Jr.  
dea@dlamador.com

Sharon Mcgehee  
mcgehee.sharon@gmail.com

## Sunkist League Chairs

Michelle Cossota & Melissa Visosky

## South Hills Staff

John Kulow  
General Manager  
jkulow@southhillscountryclub.org  
626-339-1231 ext. 109

Monica Suarez  
Marketing Director  
msuarez@southhillscountryclub.org  
626-339-1231 ext. 128

Cortney Shrout  
Head Golf Professional  
cshrout@southhillscountryclub.org  
626-339-1231 ext. 112

## A TREASURED TRADITION

The Summer Youth Program at South Hills Country Club is open to all children and grandchildren of current members. All children participating in the program must be registered. Registration forms are available at the Youth Activities Kick-Off BBQ and in the business office. Fees for the programs are billed directly to the member's account and are non-refundable after June 1st. We welcome and encourage your children to join in on another summer of fun!

## SPORTS YOU APP

Download the app to stay up to date with dates and information!



sportsYou



You've been invited to join

SHCC Youth Activities 2024

Use your **unique access code** below and follow the instructions.

### Access Code

# XGKU-WMQJ

#### Join via Website

##### New Users

1. From your computer, phone, or tablet, visit [sportsyou.com](https://sportsyou.com)
2. Click **Get Started** and enter your email
3. Go to your email and click **Confirm Your Email**
4. Click **Enter Access Code** to enter code, then finish setting up your account

##### Existing Users

1. From your computer, phone, or tablet, go to [sportsyou.com](https://sportsyou.com) and log in
2. In left column, click **Join Team/Group**.
3. Click **Enter Access Code** to enter code, then **Join Team** or **Join Group**

#### Join via App

##### New Users

1. On mobile device download **sportsYou app** from the **App Store** (iOS) or **Google Play Store** (Android)
2. Open the sportsYou app and tap **Create Account**
3. Tap **Enter Access Code** to enter code, then finish set up

##### Existing Users

1. On mobile device log in
2. In bottom tray, tap **Teams/Groups**
3. Tap **blue +** button, then tap **Join Team/Group**
4. Enter access code and click **Join**

 visit us at [www.sportsyou.com](https://www.sportsyou.com)  
or in the app stores





**GO SHARKS!**

South Hills Country Club  
2655 S Citrus St. West Covina, Ca  
[southhillscountryclub.org](http://southhillscountryclub.org)